

CAMHS to AMHS transition- an audit on the transition process in Fife

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Background:

- Transition from CAMHS to AMHS is an at risk time for decline in mental health

- There is a local Fife transition pathway to optimise the transition process

Aims:

- Is the Fife transition pathway being followed?

-What are the barriers to the pathway being followed?

Methodology:

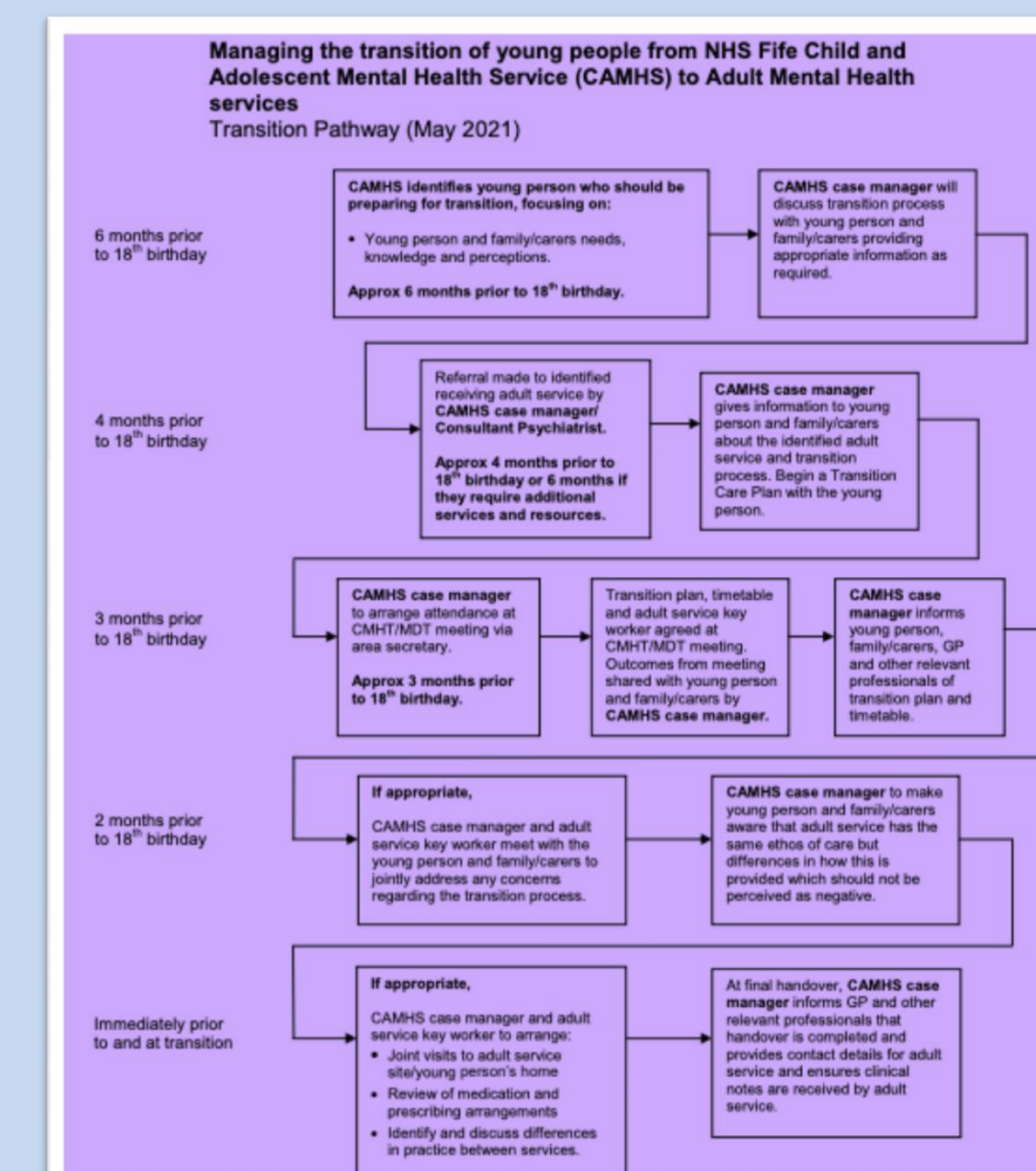
-Data collection on:

-10 young persons being transitioned from CAMHS to AMHS within Fife

-Between 01/09/2021- 30/09/2022

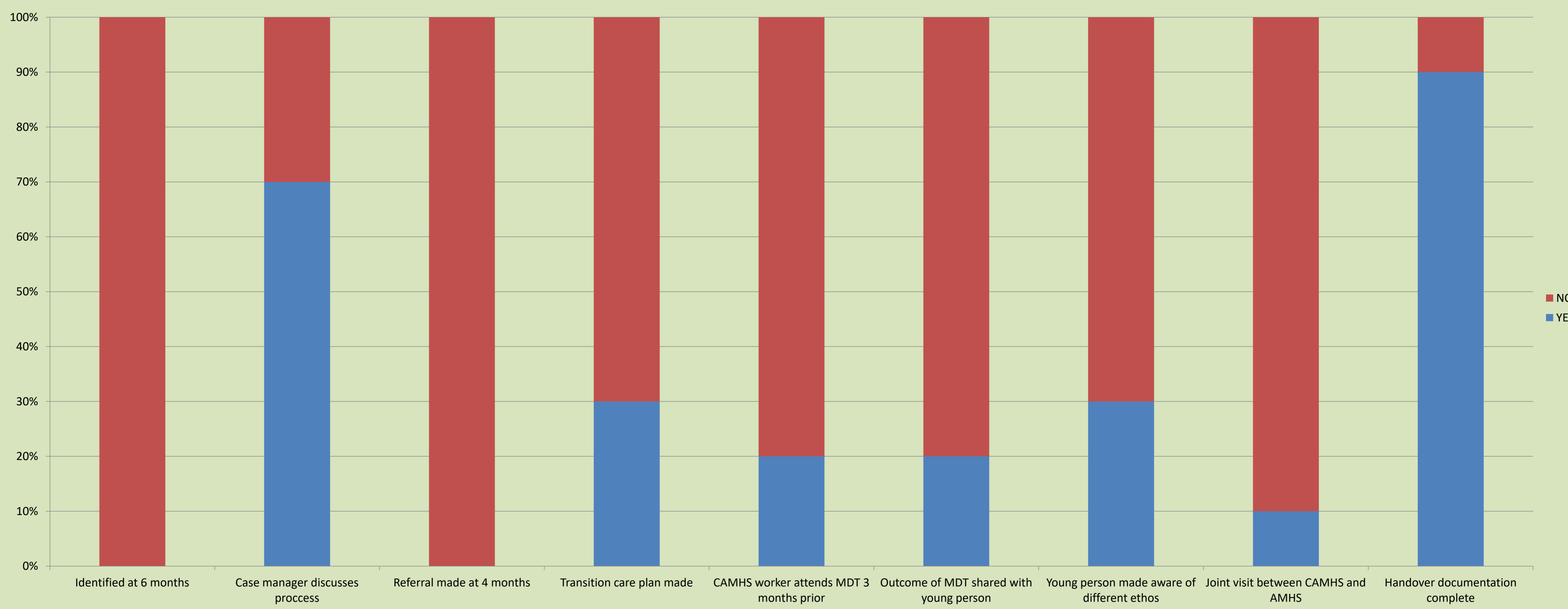
-Using Morse continuation notes, files, documents and forms

-Compared with the transition pathway standards



Results:

The results of this audit suggest that currently the fife transition pathway is largely not being followed. This applies to all but one standard, documentation is complete, which was followed 9/10 times in this audit.



Conclusions:

-The transition pathway is largely not being followed

-Barriers identified include:

- No common understanding of what is the different ethos between CAMHS and AMHS.
- In some cases, it can be difficult to know at 6 months prior to a young person's 18th birthday if they will require AMHS services; hence referral is not done at this time.
- The Fife transition pathway does not include a template care plan. This could mean practitioners are not clear on what to include in the care plan.

Action Plan:

- Work with AMHS to review what the different ethos is between CAMHS and AMHS and how this can be consistently communicated to a young person.
- Identify if MORSE has a function to highlight when a young person is 6 months from their 18th birthday.
- Use the NHS Scotland transition plan template as guidance for making a transition plan with a young person.
- Look into creating a focus group of young people whom have recently transitioned from CAMHS to AMHS in order to gain their views

Since this audit, a transition nurse has been appointed in Fife whom will be working on improving the transition process from CAMHS to AMHS.

